# CARF Accreditation Report for Foothills Gateway, Inc.

# **Three-Year Accreditation**



**CARF International Headquarters** 6951 E. Southpoint Road Tucson, AZ 85756-9407, USA

www.carf.org

## Contents

Executive Summary Survey Details Survey Participants Survey Activities Program(s)/Service(s) Surveyed Representations and Constraints Survey Findings Program(s)/Service(s) by Location

## About CARF

CARF is an independent, nonprofit accreditor of health and human services, enhancing the lives of persons served worldwide.

The accreditation process applies CARF's internationally recognized standards during a site survey conducted by peer surveyors. Accreditation, however, is an ongoing process that distinguishes a provider's service delivery and signals to the public that the provider is committed to continuous performance improvement, responsive to feedback, and accountable to the community and its other stakeholders.

CARF accreditation promotes providers' demonstration of value and Quality Across the Lifespan® of millions of persons served through application of rigorous organizational and program standards organized around the ASPIRE to Excellence® continuous quality improvement framework. CARF accreditation has been the recognized benchmark of quality health and human services for more than 50 years.

For more information or to contact CARF, please visit <u>www.carf.org/contact-us</u>.

#### Organization

Foothills Gateway, Inc. 301 West Skyway Drive Fort Collins, CO 80525

#### **Organizational Leadership**

Erin L. Eulenfeld, MS, CRC, Chief Executive Officer

#### **Survey Number**

162662

#### Survey Date(s)

October 19, 2022–October 21, 2022

#### Surveyor(s)

Robin B. Devore, BA, QP, Administrative Nathaniel Rogers, Jr., Program

#### Program(s)/Service(s) Surveyed

Community Employment Services: Employment Supports Community Employment Services: Job Development Community Integration Respite Services

#### **Previous Survey**

October 28, 2019–October 30, 2019 Three-Year Accreditation

## **Accreditation Decision**

Three-Year Accreditation Expiration: November 30, 2025

# **Executive Summary**

This report contains the findings of CARF's site survey of Foothills Gateway, Inc. conducted October 19, 2022– October 21, 2022. This report includes the following information:

- Documentation of the accreditation decision and the basis for the decision as determined by CARF's consideration of the survey findings.
- Identification of the specific program(s)/service(s) and location(s) to which this accreditation decision applies.
- Identification of the CARF surveyor(s) who conducted the survey and an overview of the CARF survey process and how conformance to the standards was determined.
- Feedback on the organization's strengths and recognition of any areas where the organization demonstrated exemplary conformance to the standards.
- Documentation of the specific sections of the CARF standards that were applied on the survey.
- Recommendations for improvement in any areas where the organization did not meet the minimum requirements to demonstrate full conformance to the standards.
- Any consultative suggestions documented by the surveyor(s) to help the organization improve its program(s)/service(s) and business operations.

## **Accreditation Decision**

On balance, Foothills Gateway, Inc. demonstrated substantial conformance to the standards. Foothills Gateway has a big presence in the community and the state of Colorado, and its funders refer to the organization due to the success rate, its reputation, and the longevity and compassion of the staff. Foothills Gateway benefits from having dedicated staff members with longevity of employment and an actively engaged and knowledgeable leadership team that is enthusiastic, dedicated, and visionary. The leadership believes in quality services, transparency, open communication, and recognition from the top down. It is apparent that the longevity of members of the leadership team has served the organization well and nothing but positive feedback was heard. Although there were no recommendations for this survey, the leadership was open to all conversations and suggestions that were made and treasures the relationship between CARF and Foothills Gateway. It is very clear that the individuals served are benefiting from the programs and services that are provided.

Foothills Gateway, Inc. appears likely to maintain and/or improve its current method of operation and demonstrates a commitment to ongoing quality improvement.

**Foothills Gateway, Inc. has earned a Three-Year Accreditation.** The leadership team and staff are complimented and congratulated for this achievement. In order to maintain this accreditation, throughout the term of accreditation, the organization is required to:

- Submit annual reporting documents and other required information to CARF, as detailed in the Accreditation Policies and Procedures section in the standards manual.
- Maintain ongoing conformance to CARF's standards, satisfy all accreditation conditions, and comply with all accreditation policies and procedures, as they are published and made effective by CARF.

# **Survey Details**

## **Survey Participants**

The survey of Foothills Gateway, Inc. was conducted by the following CARF surveyor(s):

- Robin B. Devore, BA, QP, Administrative
- Nathaniel Rogers, Jr., Program

CARF considers the involvement of persons served to be vital to the survey process. As part of the accreditation survey for all organizations, CARF surveyors interact with and conduct direct, confidential interviews with consenting current and former persons served in the program(s)/service(s) for which the organization is seeking accreditation. In addition, as applicable and available, interviews may be conducted with family members and/or representatives of the persons served such as guardians, advocates, or members of their support system.

Interviews are also conducted with individuals associated with the organization, as applicable, which may include:

- The organization's leadership, such as board members, executives, owners, and managers.
- Business unit resources, such as finance and human resources.
- Personnel who serve and directly interact with persons served in the program(s)/service(s) for which the organization is seeking accreditation.
- Other stakeholders, such as referral sources, payers, insurers, and fiscal intermediaries.
- Community constituents and governmental representatives.

## **Survey Activities**

Achieving CARF accreditation involves demonstrating conformance to the applicable CARF standards, evidenced through observable practices, verifiable results over time, and comprehensive supporting documentation. The survey of Foothills Gateway, Inc. and its program(s)/service(s) consisted of the following activities:

- Confidential interviews and direct interactions, as outlined in the previous section.
- Direct observation of the organization's operations and service delivery practices.
- Observation of the organization's location(s) where services are delivered.
- Review of organizational documents, which may include policies; plans; written procedures; promotional
  materials; governing documents, such as articles of incorporation and bylaws; financial statements; and other
  documents necessary to determine conformance to standards.
- Review of documents related to program/service design, delivery, outcomes, and improvement, such as program descriptions, records of services provided, documentation of reviews of program resources and services conducted, and program evaluations.
- Review of records of current and former persons served.

## Program(s)/Service(s) Surveyed

The survey addressed by this report is specific to the following program(s)/service(s):

- Community Employment Services: Employment Supports
- Community Employment Services: Job Development
- Community Integration
- Respite Services

A list of the organization's accredited program(s)/service(s) by location is included at the end of this report.

## **Representations and Constraints**

The accreditation decision and survey findings contained in this report are based on an on-balance consideration of the information obtained by the surveyor(s) during the site survey. Any information that was unavailable, not presented, or outside the scope of the survey was not considered and, had it been considered, may have affected the contents of this report. If at any time CARF subsequently learns or has reason to believe that the organization did not participate in the accreditation process in good faith or that any information presented was not accurate, truthful, or complete, CARF may modify the accreditation decision, up to and including revocation of accreditation.

# **Survey Findings**

This report provides a summary of the organization's strengths and identifies the sections of the CARF standards that were applied on the survey and the findings in each area. In conjunction with its evaluation of conformance to the specific program/service standards, CARF assessed conformance to its business practice standards, referred to as Section 1. ASPIRE to Excellence, which are designed to support the delivery of the program(s)/service(s) within a sound business operating framework to promote long-term success.

The specific standards applied from each section vary based on a variety of factors, including, but not limited to, the scope(s) of the program(s)/service(s), population(s) served, location(s), methods of service delivery, and survey type. Information about the specific standards applied on each survey is included in the standards manual and other instructions that may be provided by CARF.

## Areas of Strength

CARF found that Foothills Gateway, Inc. demonstrated the following strengths:

- The organization's CEO and other leadership team members were key components to the success of this survey in the way that they organized the entire survey visit, schedules, uploads, interviews, and communication. The organization is complimented for how it presented itself and for the presentation of all the wonderful services provided to the individuals served.
- Foothills Gateway has a strong leadership team whose members have worked extremely well together over many years as well as the past two years through the pandemic. The leadership team members worked to ensure that all staff members were actually paid to stay home if they needed to during the pandemic, and this is very telling of what the culture is like at the organization. Each member of the leadership team pitched in where needed; worked long hours; assisted one another where they could; and has proven that, when a team

works together and communicates, the sky is the limit. The leadership team is commended on how it has handled the pandemic as well as the everyday challenges that come its way. The team exhibits great talent in being proactive as a team and taking the time to put things in place prior to when they happen, resulting in positive outcomes that may not be as stressful as they could have been.

- The leadership team of Foothills Gateway is commended for the knowledge, passion, commitment, and everyday positive involvement that each member brings to the organization. The team members work extremely well together, respect one another, support one another, and have fun. The leadership team is always looking for new ways to build upon what it has learned and developed. It is dedicated to supporting staff members, continuous improvement with policies and procedures, and advocacy efforts for the individuals served and staff members.
- Foothills Gateway is an exceptional organization that believes in listening to people and building respectful and trusting relationships among the individuals served and the employees, volunteers, and leaders. The staff members believe in a life of opportunity, choice, and dignity for every individual served, regardless of age or ability. The recurring theme during the survey was that Foothills Gateway is all about the culture and how that is developed and is presented to everyone. One cannot help but see the contagious passion and support that everyone involved in the organization exhibits.
- Foothills Gateway has positive, dedicated, and true advocates when it comes to its board members. The tenure that the board members have and enthusiasm are very refreshing to hear. The board members are actively engaged and have a good knowledge base of what the organization is, its mission, and the services that are provided to the individuals served.
- The organization is commended for the strong leadership in finance, health and safety, risk management, workforce development, technology, and operations. Policies and procedures are consistently reviewed and kept up to date, outcomes and reporting processes are all detailed and show the true advocacy efforts and understanding of working with the individuals served, and the training opportunities provided are endless. With the systems in place that were developed internally, the organization has proven and continues to show that it is the employer and provider of choice in the community.
- Foothills Gateway has a remarkable understanding of measurement and management outcomes with continuous improvement noted on an ongoing basis. The measurement and management plan addresses priorities that guide the organization's future in advancing services and programs, investing in people, and building financial health.
- Foothills Gateway employs many warm, competent, and respectful staff members to provide services to the individuals served. During this survey, staff members communicated compassion, patience, enthusiasm, and pride in the supports they provide.
- Foothills Gateway is acknowledged for the individual-first attitude that it displays throughout the organization. The individuals served express that they feel safe and respected. Promoting the individuals' desires and needs is an evident priority throughout the organization.
- Stakeholders were complimentary in their responses and praised the staff members for being sensitive to the individuals' needs, stating that they are responsive and caring. When the stakeholders were asked to provide a one-word description of Foothills Gateway, they used the words "professional," "compassionate," "dedicated," "unique," "excellent," "friendly," "helpful," "indispensable," "reliable," "person centered," "resourceful," and "awesome."
- The employment programs facilitated by Foothills Gateway have been successful and impacted the lives of many individuals served. The program's staff is truly dedicated to the success of the individuals served. The training provided is personalized and gives the individuals needed experience toward future employment. The program is also notable for being flexible and person centered. The staff's knowledge of the individuals' desires and the extent to which the program goes in meeting the needs of individuals is recognized by other stakeholders.

- Employers respect and appreciate Foothills Gateway's support staff members and workers and stated that the staff members are responsive to the needs of the employer and the individuals served are treated with fairness and respect. These strong relationships create positive employment opportunities for the individuals served.
- The home utilized in the respite program is practical, safe, and appreciated by the individuals served. The atmosphere in the home reflects warmth and coziness. The individuals served and their families could not say enough about the positive impact that respite services played in their lives. One stakeholder stated that the stakeholder could totally relax when the stakeholder's child was in the respite home because the stakeholder knew that the child was safe and having fun.
- Staff members demonstrate dedication, respect, and fairness. They are also described as being collaborative, supportive, and effective. There appears to be excellent rapport between staff members and individuals served. Staff members extend themselves beyond assigned responsibilities and are always available to individuals served and partners. The staff members believe in the organization's mission, and Foothills Gateway is truly individual driven.

## **Opportunities for Quality Improvement**

The CARF survey process identifies opportunities for continuous improvement, a core concept of "aspiring to excellence." This section of the report lists the sections of the CARF standards that were applied on the survey, including a description of the business practice area and/or the specific program(s)/service(s) surveyed and a summary of the key areas addressed in that section of the standards.

In this section of the report, a recommendation identifies any standard for which CARF determined that the organization did not meet the minimum requirements to demonstrate full conformance. Foothills Gateway, Inc. received no recommendations from this survey. This accomplishment is achieved on approximately 3 percent of CARF surveys.

In addition, consultation may be provided for areas of or specific standards where the surveyor(s) documented suggestions that the organization may consider to improve its business or service delivery practices. Note that consultation may be offered for areas of specific standards that do not have any recommendations. Such consultation does not indicate nonconformance to the standards; it is intended to offer ideas that the organization might find helpful in its ongoing quality improvement efforts. The organization is not required to address consultation.

When CARF surveyors visit an organization, their role is that of independent peer reviewers, and their goal is not only to gather and assess information to determine conformance to the standards, but also to engage in relevant and meaningful consultative dialogue. Not all consultation or suggestions discussed during the survey are noted in this report. The organization is encouraged to review any notes made during the survey and consider the consultation or suggestions that were discussed.

During the process of preparing for a CARF accreditation survey, an organization may conduct a detailed selfassessment and engage in deliberations and discussions within the organization as well as with external stakeholders as it considers ways to implement and use the standards to guide its quality improvement efforts. The organization is encouraged to review these discussions and deliberations as it considers ways to implement innovative changes and further advance its business and service delivery practices.

# **Section 1. ASPIRE to Excellence®**

## 1.A. Leadership

#### Description

CARF-accredited organizations identify leadership that embraces the values of accountability and responsibility to the individual organization's stated mission. The leadership demonstrates corporate social responsibility.

#### Key Areas Addressed

- Leadership structure and responsibilities
- Person-centered philosophy
- Organizational guidance
- Leadership accessibility
- Cultural competency and diversity
- Corporate responsibility
- Organizational fundraising, if applicable

#### Recommendations

There are no recommendations in this area.

## 1.C. Strategic Planning

#### Description

CARF-accredited organizations establish a foundation for success through strategic planning focused on taking advantage of strengths and opportunities and addressing weaknesses and threats.

#### **Key Areas Addressed**

- Environmental considerations
- Strategic plan development, implementation, and periodic review

#### Recommendations

There are no recommendations in this area.

#### Consultation

The organization could consider taking the full strategic plan and developing a one- or two-page bulleted summary to be used with or given to funders, families, and other stakeholders or posted on the organization's website to show a quick snapshot of what Foothills Gateway is working toward each year. This bulleted version of the strategic plan might be a good tool to add to the orientation PowerPoint<sup>TM</sup> that is completed with each new staff member when the staff member joins the organization as well.

## 1.D. Input from Persons Served and Other Stakeholders

#### Description

CARF-accredited organizations continually focus on the expectations of the persons served and other stakeholders. The standards in this subsection direct the organization's focus to soliciting, collecting, analyzing, and using input from all stakeholders to create services that meet or exceed the expectations of the persons served, the community, and other stakeholders.



- Collection of input from persons served, personnel, and other stakeholders
- Integration of input into business practices and planning

#### Recommendations

There are no recommendations in this area.

## **1.E. Legal Requirements**

#### Description

CARF-accredited organizations comply with all legal and regulatory requirements.

#### **Key Areas Addressed**

- Compliance with obligations
- Response to legal action
- Confidentiality and security of records

#### Recommendations

There are no recommendations in this area.

## 1.F. Financial Planning and Management

#### Description

CARF-accredited organizations strive to be financially responsible and solvent, conducting fiscal management in a manner that supports their mission, values, and performance objectives. Fiscal practices adhere to established accounting principles and business practices. Fiscal management covers daily operational cost management and incorporates plans for long-term solvency.

#### Key Areas Addressed

- Budgets
- Review of financial results and relevant factors
- Fiscal policies and procedures
- Reviews of bills for services and fee structures, if applicable
- Review/audit of financial statements
- Safeguarding funds of persons served, if applicable

#### Recommendations

There are no recommendations in this area.

## 1.G. Risk Management

#### Description

CARF-accredited organizations engage in a coordinated set of activities designed to control threats to their people, property, income, goodwill, and ability to accomplish goals.

- Risk management plan implementation and periodic review
- Adequate insurance coverage
- Media relations and social media procedures
- Reviews of contract services

#### Recommendations

There are no recommendations in this area.

## 1.H. Health and Safety

#### Description

CARF-accredited organizations maintain healthy, safe, and clean environments that support quality services and minimize risk of harm to persons served, personnel, and other stakeholders.

#### Key Areas Addressed

- Healthy and safe environment
- Competency-based training on health and safety procedures and practices
- Emergency and evacuation procedures
- Access to first aid and emergency information
- Critical incidents
- Infections and communicable diseases
- Health and safety inspections

#### Recommendations

There are no recommendations in this area.

#### Consultation

- The organization could consider posting a second evacuation route in certain areas so that individuals using wheelchairs can quickly view the routes at eye level.
- The organization has an emergency clear pocket in each vehicle that holds information such as insurance card, accident form, and emergency procedures with information of what to do in case of fire or tornado. It is suggested that the organization include medical emergency procedures on the emergency procedures card as well.

## **1.I. Workforce Development and Management**

#### Description

CARF-accredited organizations demonstrate that they value their human resources and focus on aligning and linking human resources processes, procedures, and initiatives with the strategic objectives of the organization. Organizational effectiveness depends on the organization's ability to develop and manage the knowledge, skills, abilities, and behavioral expectations of its workforce. The organization describes its workforce, which is often composed of a diverse blend of human resources. Effective workforce development and management promote engagement and organizational sustainability and foster an environment that promotes the provision of services that center on enhancing the lives of persons served.

- Composition of workforce
- Ongoing workforce planning
- Verification of backgrounds/credentials/fitness for duty
- Workforce engagement and development
- Performance appraisals
- Succession planning

#### Recommendations

There are no recommendations in this area.

#### Consultation

• Foothills Gateway has tremendous longevity with many staff members and could consider establishing a recognition wall in the front lobby that has plaques with longevity of service years such as one to five years, five to ten years, and so on. This could continue to speak volumes on the culture that has been created at the organization.

## 1.J. Technology

#### Description

Guided by leadership and a shared vision, CARF-accredited organizations are committed to exploring and, within their resources, acquiring and implementing technology systems and solutions that will support and enhance:

- Business processes and practices.
- Privacy and security of protected information.
- Service delivery.
- Performance management and improvement.
- Satisfaction of persons served, personnel, and other stakeholders.

#### Key Areas Addressed

- Ongoing assessment of technology and data use, including input from stakeholders
- Technology and system plan implementation and periodic review
- Technology policies and procedures

#### Recommendations

There are no recommendations in this area.

## 1.K. Rights of Persons Served

#### Description

CARF-accredited organizations protect and promote the rights of all persons served. This commitment guides the delivery of services and ongoing interactions with the persons served.

#### Key Areas Addressed

- Policies that promote rights of persons served
- Communication of rights to persons served
- Formal complaints by persons served

#### Recommendations

There are no recommendations in this area.

## 1.L. Accessibility

#### Description

CARF-accredited organizations promote accessibility and the removal of barriers for the persons served and other stakeholders.

#### **Key Areas Addressed**

- Assessment of accessibility needs and identification of barriers
- Accessibility plan implementation and periodic review
- Requests for reasonable accommodations

#### Recommendations

There are no recommendations in this area.

#### Consultation

- The organization could consider using the annual accessibility plan as a tool of support for things needed within some of the barriers such as transportation and technology when writing grants, asking for donations from stakeholders, or holding fundraising events.
- The organization is encouraged to put *N/A* in barrier categories on the short forms of the overall long form document to ensure that when someone is viewing it the person is aware that the section has not been overlooked but instead there are no barriers at that time in that category.

## 1.M. Performance Measurement and Management

#### Description

CARF-accredited organizations demonstrate a culture of accountability by developing and implementing performance measurement and management plans that produce information an organization can act on to improve results for the persons served, other stakeholders, and the organization itself.

The foundation for successful performance measurement and management includes:

- Leadership accountability and support.
- Mission-driven measurement.
- A focus on results achieved for the persons served.
- Meaningful engagement of stakeholders.
- An understanding of extenuating and influencing factors that may impact performance.
- A workforce that is knowledgeable about and engaged in performance measurement and management.
- An investment in resources to implement performance measurement and management.
- Measurement and management of business functions to sustain and enhance the organization.

#### Key Areas Addressed

- Leadership accountability for performance measurement and management
- Identification of gaps and opportunities related to performance measurement and management
- Input from stakeholders
- Performance measurement and management plan

- Identification of objectives and performance indicators for service delivery
- Identification of objectives and performance indicators for priority business functions
- Personnel training on performance measurement and management

#### Recommendations

There are no recommendations in this area.

## 1.N. Performance Improvement

#### Description

CARF-accredited organizations demonstrate a culture of performance improvement through their commitment to proactive and ongoing review, analysis, reflection on their results in both service delivery and business functions, and transparency. The results of performance analysis are used to identify and implement data-driven actions to improve the quality of programs and services and to inform decision making. Performance information that is accurate and understandable to the target audience is shared with persons served, personnel, and other stakeholders in accordance with their interests and needs.

#### Key Areas Addressed

- Analysis of service delivery performance
- Analysis of business function performance
- Identification of areas needing performance improvement
- Implementation of action plans
- Use of performance information to improve program/service quality and make decisions
- Communication of performance information

#### Recommendations

There are no recommendations in this area.

# Section 2. Quality Individualized Services and Supports

#### Description

For an organization to achieve quality services, the persons served are active participants in the planning, implementation, and ongoing review and revision of the services offered. The organization's commitment to quality and the involvement of the persons served spans the entire time that the persons served are involved with services. The service planning process is individualized, establishing goals and measurable objectives that incorporate the unique strengths, abilities, needs, and preferences of the persons served. Services are responsive to the expectations of persons served and their desired outcomes from services, and are relevant to their maximum participation in the environments of their choice.

## 2.A. Program/Service Structure

#### Description

A fundamental responsibility of the organization is to provide a comprehensive program structure. The staffing is designed to maximize opportunities for the persons served to obtain and participate in the services provided.

- Services are person centered and individualized
- Persons are given information about the organization's purposes and ability to address desired outcomes
- Documented scope of services shared with stakeholders
- Service delivery based on accepted field practices
- Communication for effective service delivery
- Entrance/exit/transition criteria

#### Recommendations

There are no recommendations in this area.

#### Consultation

• The organization has produced several consent and release-of-information forms that conform to the standards; however, on the form labeled *medical release*, there is no time limitation. It is strongly suggested that a time limitation be placed on this form.

## 2.B. Individual-Centered Service Planning, Design, and Delivery

#### Description

Improvement of the quality of an individual's services/supports requires a focus on the person and/or family served and their identified strengths, abilities, needs, and preferences. The organization's services are designed around the identified needs and desires of the persons served, are responsive to their expectations and desired outcomes from services, and are relevant to their maximum participation in the environments of their choice.

The person served participates in decision making, directing, and planning that affects the person's life. Efforts to include the person served in the direction or delivery of those services/supports are evident.

#### Key Areas Addressed

- Services are person centered and individualized
- Persons are given information about the organization's purposes and ability to address desired outcomes

#### Recommendations

There are no recommendations in this area.

## 2.C. Medication Monitoring and Management

#### **Key Areas Addressed**

- Current, complete records of medications used by persons served
- Written procedures for storage and safe handling of medications
- Educational resources and advocacy for persons served in decision making
- Physician review of medication use
- Training and education for persons served regarding medications

#### Recommendations

There are no recommendations in this area.

#### Consultation

• The organization is in conformance to the standards regarding medication management and monitoring; however, it is suggested that two signatures be documented when receiving or returning medications.

## 2.D. Employment Services Principle Standards

#### Description

An organization seeking CARF accreditation in the area of employment services provides individualized services and supports to achieve identified employment outcomes. The array of services and supports may include:

- Identification of employment opportunities and resources in the local job market.
- Development of viable work skills that match workforce needs within the geographic area.
- Development of realistic employment goals.
- Establishment of service plans to achieve employment outcomes.
- Identification of resources and supports to achieve and maintain employment.
- Coordination of and referral to employment-related services and supports.

The organization maintains its strategic positioning in the employment sector of the community by designing and continually improving its services based on input from the persons served and from employers in the local job market, and managing results of the organization's outcomes management system. The provision of quality employment services requires a continuous focus on the persons served and the personnel needs of employers in the organization's local job market.

Some examples of the quality results desired by the different stakeholders of these services and supports include:

- Individualized, appropriate accommodations.
- A flexible, interactive process that involves the person.
- Increased independence.
- Increased employment options.
- Timely services and reports.
- Persons served obtain and maintain employment consistent with their preferences, strengths, and needs.
- Person served obtains a job at minimum wage or higher and maintains appropriate benefits.
- Person served maintains the job.

#### Key Areas Addressed

- Goals of the persons served
- Community resources available
- Personnel needs of local employers
- Economic trends in the local employment sector

#### Recommendations

There are no recommendations in this area.

## 2.E. Community Services Principle Standards

#### Description

An organization seeking CARF accreditation in the area of community services assists the persons and/or families served in obtaining access to the resources and services of their choice. The persons and/or families served are included in their communities to the degree they desire. This may be accomplished by direct service provision or linkages to existing opportunities and natural supports in the community.

The organization obtains information from the persons and/or families served regarding resources and services they want or require that will meet their identified needs, and offers an array of services it arranges for or provides. The organization provides the persons and/or families served with information so that they may make informed choices and decisions.

The services and supports are changed as necessary to meet the identified needs of the persons and/or families served and other stakeholders. Service designs address identified individual, family, socioeconomic, and cultural needs.

Expected results from these services may include:

- Increased or maintained inclusion in meaningful community activities.
- Increased or maintained ability to perform activities of daily living.
- Increased self-direction, self-determination, and self-reliance.
- Increased self-esteem.

#### Key Areas Addressed

- Access to community resources and services
- Enhanced quality of life
- Community inclusion
- Community participation

#### Recommendations

There are no recommendations in this area.

# **Section 3. Employment Services**

#### Description

An organization seeking CARF accreditation in the area of employment services assists the persons served through an individualized person-centered process to obtain access to the services, supports, and resources of their choice to achieve their desired outcomes. This may be accomplished by direct service provision, linkages to existing generic opportunities and natural supports in the community, or any combination of these. The persons served are included in their communities to the degree they desire.

The organization provides the persons served with information so that they may make informed choices and decisions. Although we use the phrase person served, this may also include family served, as appropriate to the service and the individual.

The services and supports are arranged and changed as necessary to meet the identified desires of the persons served. Service designs address identified individual, family, socioeconomic, and cultural preferences.

Depending on the program's scope of services, expected results from these services/supports may include:

- Increased inclusion in community activities.
- Increased self-direction, self-determination, and self-reliance.
- Self-esteem.
- Community citizenship.
- Increased independence.
- Meaningful activities.
- Increased employment options.
- Employment obtained and maintained.
- Competitive employment.
- Employment at or above minimum wage.
- Economic self-sufficiency.
- Employment with benefits.
- Career advancement.

## 3.G. Community Employment Services (CES)

#### Description

Community employment services assist persons to obtain successful community employment opportunities that are responsive to their choices and preferences. Through a strengths-based approach the program provides persondirected services/supports to individuals to choose, achieve, and maintain employment in integrated community employment settings.

Work is a fundamental part of adult life. Individually tailored job development, training, and support recognize each person's employability and potential contribution to the labor market. Persons are supported as needed through an individualized person-centered model of services to choose and obtain a successful employment opportunity consistent with their preferences, keep the employment, and find new employment if necessary or for purposes of career advancement.

Such services may be described as individualized competitive employment, individual placements, contracted temporary personnel services, competitive employment, supported employment, transitional employment, mobile work crews, contracted work groups in the community, community-based SourceAmerica® contracts, and other business-based work groups in community-integrated designs. In Canada, employment in the form of bona fide volunteer placements is possible.

Individuals may be paid by community employers or by the organization. Employment is in the community.

The following service categories are available under Community Employment Services (please refer to the program descriptions and applicable standards):

- Job Development (CES:JD)
- Employment Supports (CES:ES)

If an organization provides only Job Development or Employment Supports, then it may be accredited for only that service. If it is providing both Job Development and Employment Supports, then it must seek accreditation for both. If any clarification is needed, please contact your CARF resource specialist. There is no charge for consultation.

Note: In making the determination of what an organization is actually providing in comparison to these service descriptions, these factors are considered: the mission of the services, the program descriptions, brochures and marketing image for these services, and the outcomes of the services.



Depending on the scope of the services provided, some examples of the quality outcomes desired by the different stakeholders of these services include:

- Persons obtain community employment.
- Persons obtain individualized competitive employment.
- Employment matches interests and desires of persons.
- Wages, benefits, and hours of employment achieved as desired.
- Average number of hours worked per week increases.
- Average number of hours worked per week meets the desires of the person served.
- Full-time employment with benefits.
- Transition-age youth move directly from their educational environment into community employment.
- Potential for upward mobility.
- Self-sufficiency.
- Integration.
- Responsive services.
- Safe working conditions.
- Cost-effective for placement achieved.
- Performance level achieved meets requirements of job or position.
- Increase in skills.
- Increase in productivity.
- Increase in hours worked.
- Increase in pay.
- Employment retention.
- Increase in natural supports from coworkers.
- Persons served treated with respect.
- Minimize length of time for supports.
- Type and amount of staff interaction meets needs.
- Employer satisfaction.
- Responsiveness to customers.

Job Development (CES:JD): Successful job development concurrently uses assessment information about the strengths and interests of the person seeking employment to target the types of jobs available from potential employers in the local labor market. Typical job development activities include reviewing local employment opportunities and developing potential employers/customers through direct and indirect promotional strategies. Job development may include facilitating a hiring agreement between an employer and a person seeking employment. Some persons seeking employment may want assistance at only a basic, informational level, such as support for a self-directed job search.

Employment Supports (CES:ES): Employment support services promote successful training of a person to a new job, job adjustment, retention, and advancement. These services are based on the individual employee with a focus on achieving long-term retention of the person in the job. The level of employment support services is individualized to each employee and the complexity of the job.

Often supports are intensive for the initial orientation and training of an employee with the intent of leading to natural supports and/or reduced external job coaching. However, some persons may not require any employment supports at the job site; others may require intensive initial training with a quick decrease in supports, while some will be most successful when long-term supports are provided.

Supports can include assisting the employee with understanding the job culture, industry practices, and work behaviors expected by the employer. It may also include helping the employer and coworkers to understand the support strategies and accommodations needed by the worker.

Supports are a critical element of the long-term effectiveness of community employment. Support services address issues such as assistance in training a person to complete new tasks, changes in work schedule or work promotion, a decrease in productivity of the person served, adjusting to new supervisors, and managing changes in nonwork environments or other critical life activities that may affect work performance. Routine follow-up with the employer and the employee is crucial to continued job success.

#### **Key Areas Addressed**

- Integrated employment choice
- Integrated employment obtainment
- Employment provided in regular business settings
- Integrated employment retention
- Provides career advancement resources

#### Recommendations

There are no recommendations in this area.

#### Consultation

• Providing employment opportunities for individuals served can sometimes be a challenge. It is suggested that the organization consider utilizing its relationship with the local chamber of commerce. This could give the organization an opportunity to reach out on a mass scale and increase the opportunity for the individuals served to find employment.

# **Section 4. Community Services**

#### Description

An organization seeking CARF accreditation in the area of community services assists the persons served through an individualized person-centered process to obtain access to the services, supports, and resources of their choice to achieve their desired outcomes. This may be accomplished by direct service provision, linkages to existing generic opportunities and natural supports in the community, or any combination of these. The persons served are included in their communities to the degree they desire.

The organization provides the persons served with information so that they may make informed choices and decisions. Although we use the phrase person served, this may also include family served, as appropriate to the service and the individual.

The services and supports are arranged and changed as necessary to meet the identified desires of the persons served. Service designs address identified individual, family, socioeconomic, and cultural preferences.

Depending on the program's scope of services, expected results from these services/supports may include:

- Increased inclusion in community activities.
- Increased or maintained ability to perform activities of daily living.
- Increased self-direction, self-determination, and self-reliance.
- Self-esteem.
- Housing opportunities.
- Community citizenship.
- Increased independence.
- Meaningful activities.
- Increased employment options.

## 4.F. Respite Services (RS)

#### Description

Respite services facilitate access to time-limited, temporary relief from the ongoing responsibility of service delivery for the persons served, families, and/or organizations. Respite services may be provided in the home, in the community, or at other sites, as appropriate. An organization providing respite services actively works to ensure the availability of an adequate number of direct service personnel.

Some examples of the quality results desired by the different stakeholders of these services/supports include:

- Services/supports are responsive to the family's needs.
- Services/supports are safe for persons.
- Services/supports accommodate medical needs.

#### **Key Areas Addressed**

- Time-limited, temporary relief from service delivery
- Accommodation for family's living routine and needs of person served

#### Recommendations

There are no recommendations in this area.

## 4.G. Community Integration (COI)

#### Description

Community integration is designed to help persons to optimize their personal, social, and vocational competency to live successfully in the community. Persons served are active partners in determining the activities they desire to participate in. Therefore, the settings can be informal to reduce barriers between staff members and persons served. An activity center, a day program, a clubhouse, and a drop-in center are examples of community integration services. Consumer-run programs are also included.

Community integration provides opportunities for the community participation of the persons served. The organization defines the scope of these services and supports based on the identified needs and desires of the persons served. This may include services for persons who without this option are at risk of receiving services full-time in more restrictive environments with intensive levels of supports such as hospitalization or nursing home care. A person may participate in a variety of community life experiences or interactions that may include, but are not limited to:

- Leisure or recreational activities.
- Communication activities.
- Spiritual activities.
- Cultural activities.
- Pre-vocational experiences.
- Vocational pursuits.
- Volunteerism in the community.
- Educational and training activities.
- Development of living skills.
- Health and wellness promotion.
- Orientation, mobility, and destination training.

- Access and utilization of public transportation.
- Interacting with volunteers from the community in program activities.

• Community collaborations and social connections developed by the program (partnerships with community entities such as senior centers, arts councils, etc.).

Some examples of the quality results desired by the different stakeholders of these services include:

- Community participation.
- Increased independence.
- Increased interdependence.
- Greater quality of life.
- Skill development.
- Slowing of decline associated with aging.
- Volunteer placement.
- Movement to employment.
- Center-based socialization activities during the day that enable persons to remain in their community residence.
- Activity alternatives to avoid or reduce time spent in more restrictive environments, such as hospitalization or nursing home care.

#### Key Areas Addressed

Opportunities for community participation

#### Recommendations

There are no recommendations in this area.

#### Consultation

 The community integration program is successful and has several community partners that it has been involved with for many years. Recognizing these local partners and recruiting new ones is very important to the continual growth of the program. A suggestion is to utilize a monthly newsletter to recognize and highlight the local partnerships and disseminate the newsletter to the community. An additional suggestion to reach out that many organizations are taking advantage of is through social media.

# Program(s)/Service(s) by Location

#### Foothills Gateway, Inc.

301 West Skyway Drive Fort Collins, CO 80525

Community Employment Services: Employment Supports Community Employment Services: Job Development Community Integration

#### **Adult Care Services**

400 Wood Street Fort Collins, CO 80521

**Respite Services**